

Mountainview Kids Triathlon Official Entry Form 2010

Where?

Duncan Murray Recreation Center
805 Switzer Drive, Hinton
(Across from the pulp mill)

When?

Saturday June 5, 2010 @ 9:30 AM

Race Kit Pick-up

The race packages for the Kids Triathlon triathletes can be picked up at the race starting at 8:30 a.m.

Entry Deadlines

The entry deadline for this event is Monday, May 31st, 2010. There is no minimum age for the triathlon. It has been done by kids as young as 3 years old.

Register on-line: www.mountainviewtri.com

or

Mail or drop off at:

The Duncan Murray Recreation Center
805 Switzer Drive
Hinton, Alberta
T7V 1V1

Cheques payable to:

Mountainview Triathlon

Direct registration questions to Kat @ 865-3809

To volunteer call Carol at 865-5716

Categories and Distances

Note: There are NO mandatory ages this year. Suggested minimum age for Silver is 8 yrs. and suggested minimum age for Gold is 10 yrs.. It is strongly recommended to have done the Silver event prior to attempting the Gold event.

	Swim	Bike	Run
Bronze (any age)	50m	1400m	600m
Silver (any age)	150m	3.5 km	1600m
Gold (any age)	300m	7 km	3.5 km

The Silver and Gold bike routes are on dirt trails and Mountain Bikes are recommended, not Road Bikes.

BIKE HELMETS ARE MANDATORY

Kick boards, lifejackets etc. or parents can be used only in the Bronze swim. There are no aids allowed in the silver or gold swim.

Kid's Triathlon Start Times

The bronze category will start at 9:30 a.m. sharp with the silver following immediately after and the gold subsequently after the silver. Please arrive at least one hour prior to your start time.

Kid's Triathlon Routes

All races start with a pool swim. Next, transition volunteers direct kids to their bikes and onto the paved & gravel bike course, ensuring all kids are wearing helmets. Once the bike portion is completed, volunteers direct the kids onto the paved & gravel run course. At the finish line beside the transition zone, volunteers hand out medals to all kids.

For more information call:

Kate Wright at 780-865-3809



Sanction # ATA-2010-KOS-8

All entries will receive a race shirt and a finisher's medal. Entries accepted until Monday, May 31st, 2010.

NAME: _____

ADDRESS: _____

CITY/TOWN: _____

TELEPHONE: _____

CATEGORY: GOLD SILVER BRONZE

AGE On Dec 31/2010: _____ SEX: F () M ()

Entry Fees

Single : \$20 _____

Family - 2 kids: \$30 _____

Family - 3 or more kids: \$40 _____

Total Enclosed: \$ _____

Alberta Triathlon Member # _____

Note: Most kids will not have such a number.

In order to make this event a success we need volunteers!!!! I would like to volunteer:

Name _____

Phone Number _____

I acknowledge that participation in the sport of triathlon might result in personal injury to myself due to the endurance nature of the sport and the inherent risks associated with swimming, biking, and running, especially on public roads. I accept these risks.

In consideration of my participation in Alberta Triathlon Association sanctioned event and training, I agree that the Alberta Triathlon Association, its directors, officers, employees, coaches, volunteers, members, and agents shall not be liable for any personal injury or loss that I might suffer from any such participation, unless such loss shall be caused by the negligence of any one or more of the above named whilst acting within the scope of their duties.

As parent of the above-named child, I agree to my child participating in the sport of triathlon and have instructed my child of the risks involved and to be safety conscious.

Signature of Parent or Guardian:

Date: _____